

Cheese & Raisin Cabbage Slaw (makes 4 cups)

A yummy side dish for a family lunch or dinner. This is a great recipe for practicing your measuring skills!

2 Cups Finely shredded cabbage
1 Cup Finely shredded carrot
1/3 Cup Light mayonnaise
1/2 tsp Salt
1/4 tsp Onion powder
1/2 tsp Prepared mustard
1 tsp Sugar
2 tsp Lemon juice
1/2 Cup Grated cheddar cheese
1/2 Cup Raisins

Wash and shred the cabbage and carrot.

Mix together in a medium size bowl.

Combine light mayonnaise with salt, onion, powder, mustard, sugar, and lemon juice in a small bowl.

Add this dressing to the cabbage and carrot mixture and stir.

Add the cheese and raisins and stir to mix well.

Nutrition Facts for 3/4 cup serving:

148 Calories; 4 gm Protein; 8 gm Total Fat; 3 gm Saturated Fat; 16 mg Cholesterol; 16 gm Total Carbohydrate; 2 gm Fiber; 417 mg Sodium