

Pizza Snack Mix (makes 15 cups)

This big batch makes a healthy party snack. Or package it in air-tight bags for after school munching. Sealed bags may be frozen for freshness.

5 Cups Kelloggs Crispix Cereal
5 Cups Sunshine Cheez-It White Cheddar Crackers
5 Cups Pretzel nuggets
¼ Cup Vegetable oil
1/3 Cup Grated Parmesan Cheese
4 tsp Dry spaghetti sauce mix
2 tsp Garlic powder
2 tsp Italian seasoning

In a 2-gallon storage bag, combine cereal, crackers, and pretzel nuggets. Pour oil over cereal mixture, close bag, and gently toss cereal mixture until evenly coated. Combine Parmesan Cheese, spaghetti sauce mix, garlic, and seasoning. Sprinkle over cereal mixture. Close bag. Gently toss cereal mixture until well coated. Store in airtight container(s).

Nutrition Facts for ½ cup serving:

110 Calories; 2 gm Protein; 4 gm Total Fat; 0.5 gm Saturated Fat; 0 Cholesterol; 17 gm Total Carbohydrate;